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| Social Emotional Learning Resources for Grades 1-3 | |
| A group of children sitting on the floor; children look and smile at book teacher holds  Source:GettyImages-870035748-1024x683.jpg  URL: Reading A Storybook High-Res Stock Photo - Getty Images https://www.bing.com/images/search?view=detailV2&ccid=u8Z%2fDQ0M&id=9598FD4DCBC7A6DB213430AE47D8E36E30674BD2&thid=OIP.u8Z_DQ0MIjz3VCbnRKQRZAHaE8&mediaurl=https%3a%2f%2fmedia.gettyimages.com%2fphotos%2freading-a-storybook-picture-id870035748%3fs%3d170667a&cdnurl=https%3a%2f%2fth.bing.com%2fth%2fid%2fR.bbc67f0d0d0c223cf75426e744a41164%3frik%3d0ktnMG7j2EeuMA%26pid%3dImgRaw%26r%3d0&exph=339&expw=508&q=reading+a+storybook+high-res+stock+photo+-+getty+images&simid=608049661432900467&FORM=IRPRST&ck=229F479BB3DB1F628D9CE52368E9FD60&selectedIndex=0&idpp=overlayview&ajaxhist=0&ajaxserp=0 | Five children stand by a project  Source: DESE44-IMG-0102.jpg Approved photos-Urban-Chelsea |
| A young child holds and examines a robot  Source: Barry Elementary, Chicopee Public Schools Robotics Club.jpg (January 31, 2019) | A group of four children look at text; several also point to text  Source: ASCD article: The Case for Informational Text (https://ascd.org/el/articles/the-case-for-informational-text |
| Massachusetts Department of Elementary and Secondary Education  March 2022 | A group of children looking at a computer or at each other; one points at computer screen Source: Shutterstock: front view of diverse stock footage (100% royalty free) |

The Massachusetts Department of Elementary and Secondary Education’s (Department) **SEL Resources for Grades 1-3** provide evidenced based and developmentally appropriate performance indicators for 1st through 3rd grade students as well as suggested activities and supportive practices aligned with all twelve of the Massachusetts PreK-K Standards for Social Emotional Learning (SEL), and (currently) one of the standards for Approaches to Play and Learning (APL). The SEL Resources for Grades 1-3 are NOT intended as a comprehensive SEL curriculum or to be used to replace established evidence-based SEL curricula and tools, but may be used either independently or in concert with other SEL programs. Whenever possible, we encourage educators to embed SEL activities and supportive practices into existing content instruction and classroom routines. Social emotional learning ideally takes place throughout the school day.

The resources also include multiple appendices, with additional ones to be added in the near future. These resources are intended to provide educators with tools to support integration of social emotional learning into curriculum, assessment, classroom climate and teaching.

The core Resources, including the Introduction and Bibliography in one document, and the Acknowledgements can be accessed in the two links below. Five appendices are also below, and any additional ones will be added as they become available and updated versions of this document will be posted on the Department’s [Early Learning web resource pages](http://www.doe.mass.edu/sfs/earlylearning/resources/). Many thanks to all educators who contributed to its development over the past several years. If you have questions, please contact the Early Learning Team in the Department’s Office of Student and Family Support via [achievement@doe.mass.edu](mailto:achievement@doe.mass.edu) or 781-338-3010.

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| [**INTRODUCTION, SEL RESOURCES, BIBLIOGRAPHY**](https://www.doe.mass.edu/sfs/earlylearning/resources/sel1-3/intro-resources.docx)*– includes the following:*  [Introduction to the Grade 1-3 Social Emotional Learning Resources](#_Toc88481315)   * [Overview: Guidance on Purposes and Uses of the Social and Emotional Learning (SEL) Resources for Grades 1-3](#_Toc88481316) * [Structure of the SEL Resources](#_Toc88481317) * [SEL, Equity and Cultural Responsiveness](#_Toc88481318) * [Developmental Principles Embedded in the Resources](#_Toc88481319) * [Asterisks for Supplementary Resources: Conventions Used in Annotation of the Resources](#_Toc88481320)   [Social and Emotional Learning (SEL) Resources for Grades 1-3](#_Toc88481322)   * [*Self- Awareness*](#_Toc88481323)   [Standard: SEL1: The child will be able to recognize, identify, and express his/her/their emotions](#_Toc88481324)  [Standard: SEL2: The child will demonstrate accurate self-perception](#_Toc88481326)  [Standard: SEL3: The child will demonstrate self-efficacy (confidence/competence)](#_Toc88481328)   * [*Self-Management*](#_Toc88481329)   [Standard: SEL4: The child will demonstrate impulse control and stress management](#_Toc88481330)   * [*Social-Awareness*](#_Toc88481331)   [Standard: SEL5: The child will display empathetic characteristics](#_Toc88481332)  [Standard: SEL6: The child will recognize diversity and demonstrate respect for others](#_Toc88481334)   * [*Relationship Skills*](#_Toc88481335)   [Standard: SEL8 The child will engage socially, and build relationships with other children and with adults](#_Toc88481338)  [Standard: SEL9: The child will demonstrate the ability to manage conflict](#_Toc88481340)  [Standard: SEL10: The child will demonstrate the ability to seek help and offer help](#_Toc88481342)   * [*Responsible Decision Making*](#_Toc88481343)   [Standard SEL11: The child will demonstrate increasing personal, social, and ethical responsibility](#_Toc88481344)  [Standard SEL12: The child will demonstrate the ability to reflect on and evaluate the results of his/her/their actions and decisions](#_Toc88481346)   * [*Approaches to Play and Learning: Cooperate with Others in Play and Learning*](#_Toc88481347)   [*Standard: APL5: The child will cooperate with others in play and learning*](#_Toc88481348)  **Bibliography** |
| [**ACKNOWLEDGEMENTS**](https://www.doe.mass.edu/sfs/earlylearning/resources/sel1-3/acknowledgements.html) |
| **APPENDICES –**   * **[Appendix A](https://www.doe.mass.edu/sfs/earlylearning/resources/sel1-3/appendix-a.docx): SEL Competencies and Skill Areas Represented in the Thirteen SEL Resources** * [**Appendix B**](https://www.doe.mass.edu/sfs/earlylearning/resources/sel1-3/appendix-b.docx)**: Collected Resources in Social and Emotional Learning** * [**Appendix C**](https://www.doe.mass.edu/sfs/earlylearning/resources/sel1-3/appendix-c.docx)**: Resources for Building Trust** * [**Appendix D**](https://www.doe.mass.edu/sfs/earlylearning/resources/sel1-3/appendix-d.docx)**: Emotion Vocabulary Lists** * [**Appendix E**](https://www.doe.mass.edu/sfs/earlylearning/resources/sel1-3/appendix-e.docx)**: SEL Based Principles and Evidence-Based Practices for English Learners (ELs)** |